



Message from the **Organising Chairman**

On behalf of the Organising Committee and the Organisers of PERAK MEDICAL PRACTITIONERS' SOCIETY, POST-GRADUATE MEDICAL EDUCATION SOCIETY of Hospital Raja Permaisuri Bainun Ipoh & MALAYSIAN ASSOCIATION OF PUBLIC HEALTH PHYSICIANS (PERAK BRANCH), it gives me great pleasure to extend a warm welcome to all participants and faculty members registered for this **11th Asean & 8th Perak Health Congress** with this year's theme "**Future Challenges in Primary Healthcare**" from 21st June to 23rd June 2019 worth 20 CPD points. There is also a Pre-Congress Workshop Programme on 20th June 2019, worth another 5 CPD points.

THANKS to the diligent and laborious effort of the Scientific Committee, we have taken great pains to arrange an interesting and exciting programme over the 3 days of the Congress for the benefit of General Practitioners, Health Physicians and Public Health Staffs. We hope this year's Congress provides new and current evidence-based updates, hands-on experiences, relevant to their medical practice or workplace.

Have a pleasant stay in our beautiful Bougainvillea City of Ipoh and enjoy the famous and delicious Ipoh hawkers' food at night, and not forgetting the MAPS theme park nearby the venue of the Congress. Be happy and enjoy our hospitality during your stay here.

Thank You.

DR KAMALANATHAN AG RAJU
President-Elect PMPS & Organising Chairman
11th Asean & 8th Perak Health Congress 2019