



Jointly organised by



11TH ASEAN & 8TH Perak Health CONGRESS ON PRIMARY HEALTH CARE FUTURE CHALLENGES IN PRIMARY HEALTH CARE 21-23 June 2019

Pre-conference Workshop 20 June 2019

Hotel Casuarina@Meru,
Ipoh, Perak, Malaysia

CONGRESS OBJECTIVES

- Promoting advances in primary health care
- Building bridges between the private and public sectors
- Assisting the busy clinician in honing clinical skills
- Empowering paramedics in relevant skills and knowledge
- Providing a platform to promote evidence-based medicine

For further information & registration, please contact:

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11th ASEAN & 8th Perak Health Congress on Primary Health Care

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FIRST ANNOUNCEMENT

CONGRESS PROGRAMME (TENTATIVE)

latest updates at <http://www.pmps.org.my>

20 Jun 2019	Pre-congress Workshop	Injection and Intra-articular Procedures in Primary Care		
		Ultrasound Procedures and Techniques (Abdomen/O&G)		
21 to 23 Jun 2019	Plenary	Digital Health Transformation – The Way Forward in Malaysia		Big Data in Healthcare – Possibilities & Challenges
		Malaria: <i>Plasmodium knowlesi</i>		Occupational Medicine
	Symposia	O&G: Managing Common Menstrual Disorders in Primary Care	Respiratory: Asthma – Guidelines, Updates & New Therapies	Orthopaedics: Degenerative Conditions of Neck, Spine & Knee – Management
		O&G: Menopause – HRT & Other Therapies	Cardiology: Hypertension – Redefining Normal Blood Pressure. Is Lower Better?	Orthopaedics: Bent Neck Syndrome
		Exercise & Sports: Exercise Prescription for Fitness & Weight Loss	Dermatology: Managing Common Skin Conditions in Primary Care	Infectious Disease: Common Childhood Exanthemata – Overview & Treatment
		Ageing Gracefully	Paediatric Skin Conditions	Infectious Disease – Updates
		Gastro: Approach to Gastritis & Dyspepsia	Uberisation of NCD Prevention & Care	Tackling Common Behavioural Problems in Gen Z
		Gastro: Assessing & Managing NAFLD	Malaysian Digital Health Apps	Paediatrics: Parenting Skills in the Digital Age
		Physical Activity to Cheat Old Age & Disease	STD Treatment	Digital Health
		Approach to Faltering Memory	Diabetes – Updates & New Approaches	Diabetes Reversal through Diet
		Electronic Screen Syndrome	Managing Common Eye Conditions	TB
Workshop	Wound Care		Emergency Medicine & CPR Basic Medical Emergencies in Primary Care	
Debate	Statin for Lipids: Yay or Nay?			

REGISTRATION FEES (RM)	Doctor = 450 (PMPS = 350)	Paramedic = 300	Medical Student = 200
	Late/On-site = 500	Day Registrant = 200	Pre-Conference = 150 (non-registrant = 200)

BEST 3 “FREE PAPERS”	
1st prize	RM500.00
2nd prize	RM300.00
3rd prize	RM200.00

BEST 3 “POSTER PRESENTATIONS”	
1st prize	RM300.00
2nd prize	RM200.00
3rd prize	RM100.00