



PMPS

News

FOR MEMBERS ONLY

APRIL 2021

ISSUE 27

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(Membership Drive & Sports)

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(Tours, Mentor-Mentee
Programme & Social)

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Dr Yap Foo Ngan (PMPS Newsletter)
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Dr Nanthakumar Gunaratnam (Sports)
Dr Chakr Sri na Nagara
(Membership Drive)
Dr Bhajan Singh (Community Service
& Public Forum)
Dr Ravindran M Nardysamy (CME)

Editor's Request

Members who are interested to write
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or fax: 05-2426549

or post to:

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30350 Ipoh.

Letters to the Editor / President / Committee
may be published in the Newsletter in
full or in abbreviated form at the Editor's
discretion. If the writer does not wish her/
his name to be published she/he must
specifically state so.

From the President's Desk

*"Coming together is a beginning;
keeping together is progress;
working together is success."*

- Henry Ford -



I would like to thank PMPS for allowing me to serve as President and to be part of an organisation that looks into the welfare of private practitioners, safeguards their interests and strives to improve their working conditions. As I step into the role of PMPS President, I am pleased to have with me my new committee. We have some new faces as well as some stalwart members.

The next two years come as a challenge for me and my committee as we continue to develop our Society. There are several issues that have affected our organisation and remain unresolved. These include gazettment of the 7th Fee Schedule, regulation of Managed Care Organization/Third Party Administrator and Dispensing Separation.

The biggest challenge we will have is in increasing our membership and getting our fellow members to be actively involved in activities organised by the society. As with most societies, many of our members are entering the twilight of their careers and are looking forward to a much-deserved retirement. I would like to call upon the younger members to actively participate and brainstorm in providing solutions to the various dilemmas faced by our fraternity.

continue in page 2

We are all dealing with one of the greatest public health emergencies in recent years. Who would have imagined that COVID-19 crisis would have lingered on over such a long period of time? Despite the development of vaccines which have been rolled out worldwide, the pandemic is far from over. Newer SARS-CoV-2 strains continue to emerge. Many of us are involved in the crusade against COVID-19 – mainly in screening and preventing the spread of the disease. My advice to those involved to contain the pandemic is: Stay safe and observe the SOPs. I salute your commitment and dedication.

As we work through these difficult times, it is critical that we do not lose sight of our long-term vision and mission. We will continue to organise our scientific and educational conferences on a virtual platform. We will have to improvise and move forward.

By far, the largest convention organised by PMPS together with the Postgraduate Medical Education Society of HRPB Ipoh and the Perak State Health Department – the 12th ASEAN & 9th Perak Health

Congress on Primary Health Care was supposed to have been scheduled in June 2021. With great disappointment, the organising committee, after scrutinising all avenues, decided to postpone the event to 2022, pending the pandemic.

The upcoming programmes planned over the next few months include PMPS Annual Games (June 2021), Installation Night (July 2021) and Doctors' Day Celebration (October 2021).

I would like to thank Dr Kamalanathan and his team of very able committee members for their service and hard work. In 2021, I am proud to be leading a dedicated board with fresh ideas and plans. I look forward to a productive year and invite each and every one of you to participate and help make our organisation relevant.

STAY SAFE AND STAY CONNECTED!

Major Dr Jeyaratnam M Ratnavale

REMINDER

The usual reminder to support your society:

1. pay your subscriptions
2. check that your latest details are recorded.

Bank details:

Account name:

THE PERAK MEDICAL PRACTITIONERS' SOCIETY

Bank: Public Bank Berhad • Account number: 3072790829

Send to:

The Perak Medical Practitioners' Society
c/o KPJ Ipoh Specialist Hospital
26 Jalan Raja Dihilir, 30350 Ipoh



BENEFITS TO MEMBERS

- Continuous Professional Development (CPD)** – PMPS is a registered CPD provider. It regularly holds CPD sessions for its members together with other medical organisations.
- Discount of registration fee for PMPS' 2-yearly Congress On Primary Health Care.** E.g. the registration fee for PMPS members for the 11th Conference in Jun 2019 was RM300 compared to RM400 for non-member doctors. Note that this discount is equal to twice the annual subscription of RM50.
- Others** – these are evident when you go through this PMPS News, which also keeps you informed of issues relevant to you and which you receive free.

81ST AGM & CME 9th AUGUST 2020

Dr Yee Meng Kheong, Hon. Secretary

WE had a good CME preceding the AGM at the Brother Liborius Auditorium, Hospital Fatimah Ipoh. A 'Wu Lien Teh' presentation by Dr Ker Hong Bee on "Covid-19 Pandemic: The Virus, The Disease & The Vaccine" was well attended by 58 members.

The AGM was called to order by the President, Dr Kamalanathan AG Raju at 6:10 pm. The meeting was attended by 49 members. Dr Loke YH, our Hon. Secretary presented the Annual Report for 2020 which was adopted and passed. Dr Liew SF then presented the Audited Accounts ended 31st December 2020 which was also adopted and passed. Major Dr R. Jeyaratnam was officially declared as the in-coming President by Dr Kamalanathan for the next two years.

An election was held with Dr Yee MK as the Election Officer. The results are as in the list of Office Bearers.

Of note is Dr Loke Yee Heng who finally agreed to be President-Elect, having been our Honorary Secretary for the past six years.

For the first time in our PMPS AGM, the National MMA President Prof. Datuk Dr M. Subramaniam gave an address to our members. He spoke on the requirement of CPD points for APC 2022 renewal and that only 40% of doctors then had the required CPD points for renewal. He urged all doctors to comply as the MMC will not relent on this CPD requirement. He stressed on his stand that there should be more public private collaborations especially in managing this COVID-19 pandemic, in terms of screening and vaccination.

Dr Jeyaratnam concluded the AGM by thanking all present. Meeting ended at 7:20 pm.



CME — Question time



Souvenir for Dr Ker



AGM



Prof. Datuk Dr Subramaniam taking the floor

PMPS COMMITTEE MEETINGS

PMPS Committee 2019-2021 had its 10th meeting on 24 Jan 2021. The new Committee 2021-2023 had its first meeting on 28 Mar, one week after the 81st AGM.

MALAYSIA IN WORLD HAPPINESS REPORT 2021 – HEALTHCARE AND OTHERS

by Dr Yap Foo Ngan

The World Happiness Report (WHR) 2021 was published on International Day of Happiness (20/3/2021).

Malaysia, Southeast Asia (SEA)

Malaysia is ranked 81 out of 149 countries surveyed. The United Nations Sustainable Development Solutions Network has been publishing WHRs since 2012. Malaysia's rank has dropped from 51 to 81 from WHR 2012 to WHR 2021.

Nine of eleven SEA countries were listed in WHR 2021, see Table 1. Note that Malaysia, Singapore, Vietnam and Indonesia were not surveyed in 2020 and the figures were based on the averages on the 2018-2019 surveys.

Singapore tops the list for both Happiness Score as well as GDP, Social Support, Healthy Life Expectancy (HLE) and Perceptions of Corruption. Malaysia is fifth for Happiness Score but is second for GDP and fourth for HLE.

Malaysia 2006 – 2019

WHR routinely tabulates national individual years' Happiness Score and figures for its six contributing attributes. Malaysia's annual performance over 2006-2019 as displayed in Table 2 shows that her Happiness Score has declined substantially.

Table 1: Southeast Asia in World Happiness Report 2021

WHR Rank	SEA Rank	Country	Happiness Score	Logged GDP Per Capita	Social Support	Healthy Life Expectancy	Freedom to Make Life Choices	Generosity	Perceptions of Corruption
32	1	Singapore	6.38	11.49	0.91	76.95	0.93	-0.02	0.08
54	2	Thailand	5.98	9.80	0.89	67.40	0.88	0.29	0.90
61	3	Philippines	5.88	9.08	0.83	62.00	0.92	-0.10	0.74
79	4	Vietnam	5.41	8.97	0.85	68.03	0.94	-0.10	0.80
81	5	Malaysia	5.38	10.24	0.82	67.10	0.89	0.13	0.84
82	6	Indonesia	5.34	9.36	0.81	62.24	0.87	0.54	0.87
100	7	Laos	5.03	8.95	0.73	58.97	0.91	0.12	0.66
114	8	Cambodia	4.83	8.36	0.76	62.00	0.96	0.03	0.84
126	9	Myanmar	4.43	8.54	0.78	59.30	0.88	0.51	0.66

Note: Brunei and East Timor are not listed in WHR 2021.

Table 2: Malaysia 2006 - 2019 (World Happiness Report 2021 Data Panel)

Year	Happiness Score	Log GDP Per Capita	Social Support	Healthy Life Expectancy at Birth	Freedom to Make Life Choices	Generosity	Perceptions of Corruption
2006	6.012	9.839	0.866	64.960	0.837	0.201	0.740
2007	6.239	9.881	0.871	65.120	0.844	0.089	0.799
2008	5.807	9.909	0.803	65.280	0.780	0.044	0.884
2009	5.385	9.875	0.792	65.440	0.874	-0.009	0.858
2010	5.580	9.930	0.839	65.600	0.769	0.032	0.844
2011	5.786	9.966	0.770	65.760	0.840	-0.016	0.842
2012	5.914	10.005	0.841	65.920	0.848	0.017	0.847
2013	5.770	10.037	0.831	66.080	0.791	0.264	0.755
2014	5.963	10.082	0.863	66.240	0.808	0.239	0.845
2015	6.322	10.118	0.818	66.400	0.675	0.222	0.838
2018	5.339	10.223	0.789	67.000	0.875	0.127	0.894
2019	5.428	10.252	0.842	67.200	0.916	0.123	0.782

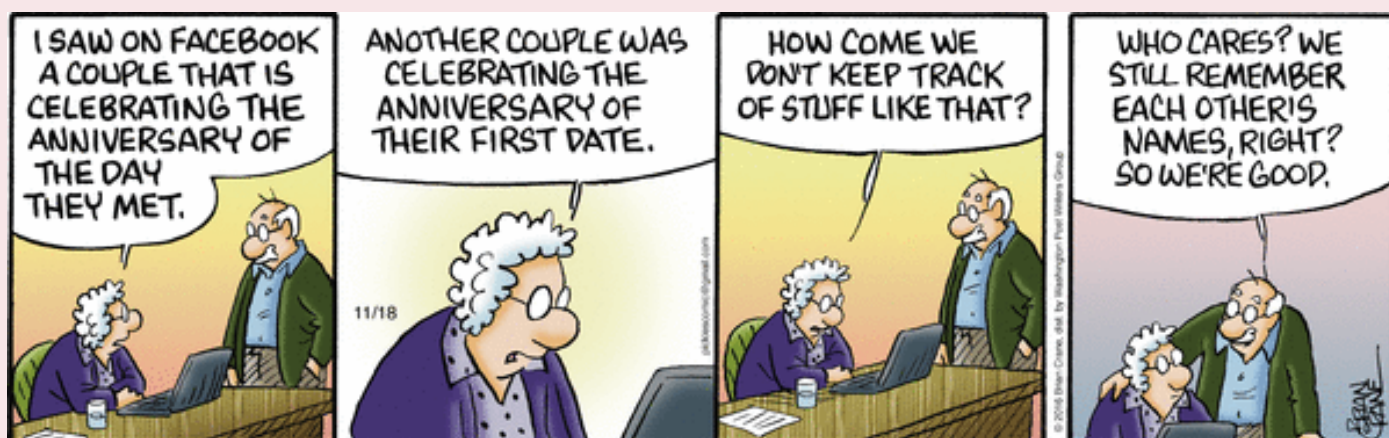
Nevertheless, going by the numbers, there was an impressive reversal in in 2019 on Happiness Score (+1.7%), Freedom to Make Life Choices (+4.7%) and Perceptions of Corruption (−12.5%) compared to 2018. It would be interesting to know their trend if WHR did survey for these parameters in 2020.

Notably her GDP and HLE improved steadily over the years.

Healthcare in Malaysia

That Malaysia's HLE has steadfastly improved over the years speaks well of her healthcare. Despite budget constraints our well-trained professional healthcare workforce has contributed substantially to this. This is even more singularly evident in the ongoing COVID-19 Pandemic. Out of the 64 countries surveyed for 'Excess Deaths in 2020 per 100,000 Population Relative to 2017-2019 Average' Malaysia is fourth lowest in mortality (WHR 2021 World Mortality Data).

Malaysian healthcare practitioners deserve recognition both in tangible and intangible terms.



WHAT TO KNOW ABOUT COVID-19 VACCINES AND REGISTRATIONS

~ Eyes are on the GPs and primary care now! ~

Anonymous

We are now in a very touchy period with the public especially at the height of the COVID-19 era. Many people are observing doctors and healthcare professionals – not only for what we say, but also what we do, our conduct and our choices in certain things especially in the field of medicine. It is now our solemn duty to help the public clarify their misunderstanding as a result of the current widespread false information and myths in social media.

For us to be able to effectively counsel the public, we need to be well read first. Our knowledge on certain facts, figures and theories needs to be updated, correct and accurate. It is indeed upsetting to learn that certain doctors agree with anti-vaxxers' theories especially on television. To the common man, especially in Malaysia, doctors are amongst the respected/trusted professions. We have a duty to present the right facts to the public so that we may continue to function in a sound healthcare system coupled with patients who have good health seeking behaviour.

With all of this, especially during the pandemic, how many of us have bothered with the following:

- ? Type of vaccines procured by Malaysia? Are mRNA vaccines safe?
- ? The differences between the different vaccines?
- ? The ins and outs about vaccines?
- ? The modes of registration for vaccines?
- ? The importance of taking a vaccine and the potential side-effects?

These are common questions we have to anticipate from our patients. Many of our patients are coming in with much false information that their neighbours, their colleagues or some quacks have given them. If we are not equipped with adequate knowledge




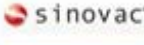


and information ourselves, we are in for a long haul because we are then going to be a country with vaccines but with poor uptake.

Now our focus should be on the following:

1. Encourage our patients to take the vaccines – this includes answering any FAQs. Ensure that information about vaccines is at our finger tips. Enclosed is a diagram (Diagram 1) adapted from **Codeblue** that provides adequate information about the vaccines. However, the efficacy and procurement percentages of some especially those in a wide range have been modified. Perhaps further reading on the values is needed. But this diagram is a good way to start. Also remember that the mRNA vaccines have been around for about 10 years but because of funding constraints, they were never released (HIV vaccines). However, when the COVID-19 virus hit, US pumped money into the Moderna company allowing them to utilise the mRNA method to successfully produce the COVID-19 vaccine. So, to say that the mRNA vaccines are new is incorrect. Further we have to know about the latest happenings, e.g. the government is already thinking about importing the NOVOVAX vaccine (Swedish company using the protein based method that will require two doses).
2. Encourage our patients to register as soon as possible so that MOH can stratify our risks and provide the vaccines to the vulnerable groups first before moving on to the less risky ones. Please offer this service to your patients – just take two minutes to ask if a patient has registered and if not, offer assistance.

- You can register via [MySejahtera](#) (as in Figure 1). Remember to register your co-

Diagram 1

Malaysia's Covid-19 Vaccine Procurement						
Developer						
Vaccine Name	BNT162b2	AZD1222	AZD1222	CoronaVac	Convidecia	Sputnik V
Developer Country	US-Germany	UK	Global	China	China	Russia
Doses	32 million (option for another 12.8 million)	6.4 million	6.4 million	12 million	3.5 million	6.4 million
Regimen	Two doses	Two doses	Two doses	Two doses	One dose	Two doses
Population Coverage	50% (option for another 20%)	10%	10%	18.75%	10.9%	10%
People Covered	16 million (option for another 6.4 million)	3.2 million	3.2 million	6 million	3.5 million	3.2 million
TOTAL COVERAGE & COST	35.1 million people [adults only] (109.7% of 32-million population) Cost unknown <i>Note: As of March 11, 2021</i>					
Technology	mRNA	Chimpanzee adenovirus vector	Chimpanzee adenovirus vector	Inactivated ("killed" coronavirus)	Adenovirus 5 (Ad5) [common cold virus]	Human adenovirus vector
Storage Temperature	-70°C	2-8°C	2-8°C	2-8°C	2-8°C	2-8°C
Efficacy	95% (symptomatic) 92% (severe illness) [large Israel study]	82% (symptomatic) 100% (severe illness)	82% (symptomatic) 100% (severe illness)	Mixed	Unknown	92% (symptomatic) 100% (severe illness)
Regulatory Approval/ Studies	FDA approved EMA approved	EMA approved	EMA approved	Ongoing Phase 3 clinical trials	Ongoing Phase 3 clinical trials	Interim analysis of Phase 3 trials published in <i>The Lancet</i>
Price Per Dose	<RM100 (includes delivery to vaccination sites) [Malaysia] US\$19.50 (US)	Non-profit (Malaysia) <US\$4 (US)	Optional Purchase: US\$3.50 (self-financing participant countries)	Unknown (Malaysia) US\$13.60 (Indonesia)	Unknown (Malaysia)	Unknown (Malaysia) <US\$10 (international markets)

Sources: JKJAV; news reports.

Graphic: CodeBlue

Figure 1

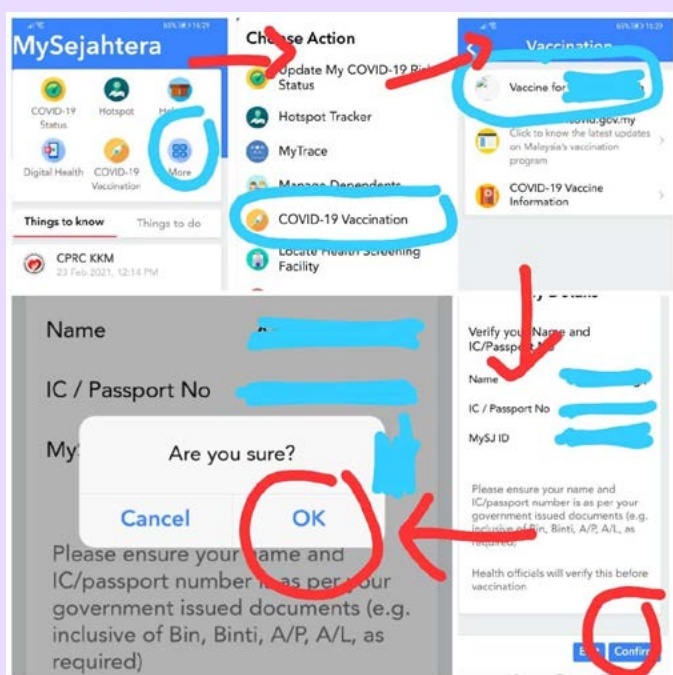
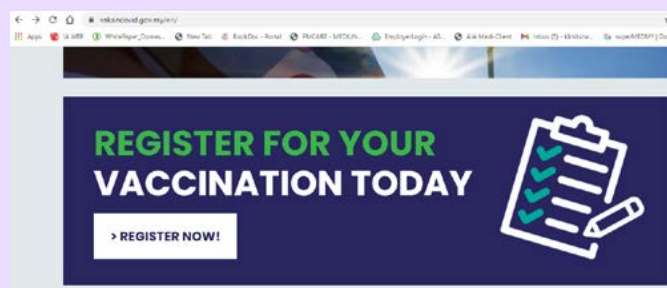


Figure 2



morbids/symptoms and check details before clicking submit. Note that dependents can be registered via their caretakers' MySejahtera – click “More” and then “Manage Dependents”. You may opt to use the methods below.

- Go to www.vaksincovid.gov.my to register. Click “REGISTER NOW” as in Figure 2 and choose from the three options displayed.
- In areas with no or poor internet connection and for who are not internet savvy call **1800888828** to register.

3. Participate in the vaccines programme to help the ministry administer vaccines to the public by registering at <https://vaksincovid.protecthealth.com.my/eng>

It is now a known fact that MOH cannot ignore primary care anymore. This requires us GPs to step up and be counted when it matters. Being equipped with knowledge, advocating the right thing where

vaccines are concerned, and participating in vaccine administration will show that we are serious in ensuring that the healthcare of this nation continues without any hiccups.

Remember that people receiving COVID-19 vaccines are still susceptible to get COVID-19 (but in the much milder version i.e. either asymptomatic or with mild sniffles). It has been shown that it reduced hospital admission by 100% i.e. no severe COVID-19, thus reducing the ICU and ventilated cases.

Also remember that people who have received the vaccine can still spread the virus if they are infected.

Thus, it is important for us to not only be vaccinated but to continue masking, hand washing and physical distancing so that we protect those that have not yet been vaccinated and prevent another pandemic should another new infectious respiratory virus emerge.

Good luck and God speed, dear colleagues!

ANNUAL PRACTISING CERTIFICATE (APC) RENEWAL

Submit application BEFORE 01 December each year.

CPD Points

- The 20 CPD points for **APC 2022** are to be obtained between 01 July 2020 and 30 June 2021.
- The 20 CPD points for **APC 2023** are to be obtained between 01 July 2021 and 30 June 2022.

Professional Indemnity Cover – compulsory from APC 2021 onwards.

Fee

- Application fee is RM100.
- Late application incurs an additional fee of RM100.

Enquiries

- <https://mmc.gov.my/certification/#apccert>
- <http://meritsmmc.moh.gov.my/>
- Whatsapp: [016-3261751](https://wa.me/60163261751)

All medical practitioners are to state their **MMC registration number** on all medical prescriptions and all other documentation and records, whether in paper or electronic format.

PMPS AND PERAK DOCTORS' INITIATIVES FOR FRONTLINE HEALTH CARE WORKERS IN HOSPITAL RAJA PERMAISURI BAINUN IPOH

— 4TH REPORT —

by Dr Yap Foo Ngan



WHO declared COVID-19 Pandemic on 11 Mar 2020. Dr Lee Boon Chye, former Deputy Minister of Health, PMPS Past President (2003-2004) and current member, formed Agent of Shield Hospital Raja Permaisuri Bainun (**AOS-HRPB**) on 23 Mar to support our frontline workers in HRPB. The first 33 volunteers were recruited from our PMPS Forum Whatsapp group. There were 84 members (medical and non-medical) at its beginning. This is the fourth report on its activities.

AOS-HRPB Activities

Date (2020)	Event
18/3	Movement Control Order 1.0
23/3	AOS-HRPB WhatsApp Group & fund raising started.
23/3 - 27/11	AOS-HRPB activities reported in PMPS News Apr, Aug and Dec 2020 issues
4/5	Conditional MCO
10/6	Recovery MCO
9/11	Conditional MCO reinstated
27/11	Malaysia announced purchase of Pfizer Inc's Covid-19 vaccine to be delivered in the first quarter of 2021.
7/12	CMCO ended except at more affected areas like Kinta, Teja and Changkat Jong
14/12	MOH announced shortening quarantine period from 14 to 10 days for returning overseas travelers.
17/12	Member Richard Liew procured on behalf of AOS-HRPB stand-alone thermal scanners for HRPB, saving them much precious manpower.



17 Dec, HRPB received from AOS-HRPB stand-alone thermal scanners

“Goodbye ‘Year 2020’! It was a year of political upheavals and a year of COVID 19 pandemic! It was also a year of selfless, unrelenting service by frontliners, especially the healthcare professionals who worked tirelessly to shield Malaysian Citizens from the rampaging COVID-19.

I must thank all the Agents of Shield HRPB Ipoh for giving the much-needed support. Your support means a lot for our friends and comrades at HRPB Ipoh at a time when they are facing the continuing onslaught of the plaque, with no apparent ending on sight!”

Dr Lee, on 1 Jan 2021

Date (2021)	Event
1/1	<ul style="list-style-type: none"> • Dr Chong Li Ann (Physician, Internal Medicine, HRPB): “Very grateful for AOS to have kept us safe 2020.” • Dr Lee paid tribute to frontline workers and thanked AOS-HRPB members – see above. In view of the continuing onslaught of the pandemic and the potential logistic gap at the beginning of 2021 he appealed for additional fund to purchase RTK-Ag test kits (RM35.00 per test) to cover January for HRPB. • Richard reported that AOS-HRPB fund stood at RM13,457.25 on 31/12/2020. (Total donation in 2020 = RM107,720.00)
2/1	<ul style="list-style-type: none"> • Dr Chong: “This situation we are facing is unprecedented. Thank you all for bridging us. By February we should be getting more funds. Truly our heroes.”
7/1	<ul style="list-style-type: none"> • Richard sourced the first batch of 750 RTK-Ag test kits to Microbiology Department HRPB. • Dr Chong: “Thanks Richard and members of AOS for the much-needed RTKs at this most crucial period. It will be most helpful to expand our screening procedures to keep our HCWs and other patients safe.”
7/1 - 8/1	<ul style="list-style-type: none"> • Request from Anaesthesia/ICU for supply of antibacterial body wash and shampoo – delivered by Richard the following day.
10/1	<ul style="list-style-type: none"> • “Kau Ilhamku 2021 By Healthcare Workers of Malaysia (Tribute to All Malaysians)” – posted by Dr Chong
15/1	<ul style="list-style-type: none"> • KPJ Ipoh Specialist Hospital Doctors Charity Fund donated RM15k for purchase of RTK test kits for HRPB.
13 - 22/1	<ul style="list-style-type: none"> • MCO 2.0 began, covering progressively Federal Territories and all states except Sarawak.
20/1	<ul style="list-style-type: none"> • Richard delivered 1000 RTK test kits (second batch) to Microbiology Department HRPB, represented by Drs Kalai & Fatimah & staff.
23/1	<ul style="list-style-type: none"> • Dr Lee: “As the number of cases is increasing and the wards are being opened at HRPB Ipoh. They need more monitors and I seek for approval to donate 2 units of these Monitor at about RM2,100 each.”
9/2	<ul style="list-style-type: none"> • 2 units portable vital signs monitors delivered by Richard to HRPB.
26/2 - 13/3	<ul style="list-style-type: none"> • COVID-19 vaccination for frontliners in HRPB, they received 1st dose during this period.
27/2	<ul style="list-style-type: none"> • Vaccination Centre at Stadium Indera Mulia ready for the public.
2/3	<ul style="list-style-type: none"> • Total donation to date after New Year appeal by Dr Lee = RM99,659.73 • 1750 RTK test kits procured so far
4/3	<ul style="list-style-type: none"> • CMCO except certain areas in Sabah
27/3	<ul style="list-style-type: none"> • HRPB staff receiving their 2nd shot of COVID-19 vaccine
1/4	<ul style="list-style-type: none"> • RMCO in most states including Perak



7 Jan. Drs Kalai & Fatimah & staff (Microbiology Department) received the 1st batch of RTK-Ag test kits.



8 Jan. Body wash & shampoo received by HRPB ICU.



10 Jan. "Kau Ilhamku 2021 By Healthcare Workers Of Malaysia (Tribute To All Malaysians)" – heartwarming YouTube presentation by Malaysian frontliners across the country, many from HRPB <https://youtu.be/lfvmN5-M4Q4>



20 Jan. (Microbiology Department, HRPB received 2nd batch of RTK-Ag test kits.



9 Feb. 2 units portable vital signs monitor delivered to HRPB.



26 Feb. HRPB COVID-19 vaccination began.



27 Feb, Vaccination Centre at Stadium Indera Mulia ready for the public – photo by Dr Amar-Singh



13 Mar. Dr Yee got his 1st shot of COVID-19 vaccine



17 Mar. Dr Kamanalathan got his 1st shot

PMPS GOLF EVENT 2020

Dr Kek Kim Huat, Golf Convenor

As we pulled our shutters down on our social activities amidst the COVID-19 pandemic, I thought our yearly PMPS Golf games would be a casualty.

Then, there was a lull in cases in September and we quickly decided to organise the eagerly awaited game.

Kudos to the hard-working efficient Organising Committee, led by Dr David Yeo, Dr Chew Teik Chye, Dr Lai Thian Seong and ably assisted by Ms Wendy, we were able to turn a non-event into a wonderful game in a very short time.

In addition, we were able to get two sponsors for the event.

The golf tournament was held on Sunday, 27th September 2020, in Royal Perak Golf Club, in fine weather. There were a total of 47 golfers.

In the evening, we had two presentations by our sponsors:

A talk by two Nutritionists, Ms Fong Shu Li and Ms Seik Mei Yee from Snow Marketing Sdn Bhd

An interesting talk by Dr Saw Khay Yong, Consultant Orthopaedic Surgeon, KL Sports Medicine Centre sponsored by TRB Chemedica Malaysia Sdn Bhd

It was followed by a sumptuous dinner and prize presentations. Everyone had some prizes to take home.

Thanks to all the participants. Till next year, stay safe.

Congratulations to the winners:

Nett Champion:

Dr Mehinder Singh

Gross Champion:

Dr Ramesh Singh

Lady Champion:

Mdm Koh Ling

Ling (Mrs Saw

Khay Chee)



Dr Ramesh Singh,
Gross Champion



Dr Mehinder Singh,
Nett Champion



Mdm Koh Ling Ling,
Lady Champion

ONE-STOP CENTRE IN HEART OF IPOH

Perak Community Specialist Hospital (PCSH) formerly known as Perak Chinese Maternity Hospital (PCMH), a not-for-profit hospital since 1904 has upped another notch in its provision of new and improved services to the community with the official opening of its one-stop Heart Centre which is now fully operational.

Equipped with the latest state-of-the-art Philips Azurion 7 system, the Heart centre now offers more effective treatment options using advance catheter-based procedures, enabling our specialist to perform a wider range of minimally invasive diagnostic and Interventional Cardiovascular procedures in a patient-focused environment.

Resident Interventional Cardiologist Dr Ng Seng Loong mentioned that the Philips Azurion 7 can capture high definition image of arteries of the heart and chambers of the heart to effectively treat any stenosis or abnormality found. It can be used in Coronary Angiogram, Angioplasty (PTCA), Insertion of Intra-Aortic Balloon Pump (IABP), Pace-maker Procedures and etc.

With this high definition feature, a lesser dosage of contrast is needed, and this will greatly reduce the risk of damage to a patient's kidney thus lessening the risk of patient having kidney injury which can lead to dialysis.



Dr Ng: The new centre allows doctors to perform a wider range of minimally invasive diagnostics and interventional cardiovascular procedures.



PCSH'S HISTORICAL ACHIEVEMENT

Perak Community Specialist Hospital (PCSH) created another medical milestone when it successfully performed a Peripheral Angioplasty on one of the patients using the latest state-of-the-art Philips Azurion 7 system at its Heart Centre recently.

While this procedure has been done before in other heart centres locally, this is the first time that such a procedure, which is also known as peripheral lower limb angioplasty, had ever been carried out in PCSH, using the new special machine feature which utilizes carbon dioxide (CO) gas instead of the conventional contrast for visualization of the lower limb arteries.

Peripheral Lower Limb Angioplasty is a procedure which is done for patients having blockage of the leg arteries and can potentially reduce the risk of leg amputation and improve healing of ischemic ulcers.

Led by Dato' Dr Ho Teik Kok, a Consultant Vascular/Endovascular & General Surgeon currently attached to Columbia Asia in Petaling Jaya & Dr Ng Seng Loong, PCSH's Resident Consultant Interventional Cardiologist & Physician, the highly professional team carried out the procedure on patient.

ANNOUNCEMENTS

PROGRAMME FOR 2021

Annual Games

13 June (Sunday)
Badminton, table-tennis,
squash, tennis, bowling

Installation Dinner

17 or 24 Jul (Saturday)

Doctors' Day

9 Oct (Saturday) or 10 Oct
MMA Perak will be approached
to have a Joint state-level
celebration.

PMPS News

Apr, Aug, Dec
Starting from
Dec 2020
issue, PMPS
News invites
advertisements.

POSTPONEMENT of 12th ASEAN & 8th PERAK HEALTH CONGRESS ON PRIMARY HEALTH CARE (June 2021)

In view of the rising COVID-19 cases and
MCO early this year, the Congress will
be deferred to 17-19 June 2022.

Official Launch of The Book

"The Joy of Living, Dato' Dr Madhuri Majumder" And Madhuri's Garden

20 Mar 2021. Our senior member Dato' Dr Majumder, the first lady dermatologist in Malaysia, is also President of the Perak Society for The Promotion of Mental Health (PSPMH) since 1986. PSPMH in collaboration with Rotary Club of Greentown launched the above event. Dato' Dr Ratti (PMPS Hon. Secretary 2007-2008, Past President of Rotary Club of Greentown) was the organising co-chairman and Dato' Dr Mah Hang Soon (PMPS Hon. Treasurer 2001-2006) Deputy Minister of Education officiated the launching. PMPS was invited and represented by Dr Yap FN.



To keep you continuously informed and updated

PMPS WhatsApp groups:

1. PMPS Broadcast – The Secretariat handled by Wendy uses this one-way avenue to inform members of relevant issues and sending soft copies of PMPS News when published.
2. PMPS Members Forum – Members are urged to be prudent in using this Forum and avoid sending unauthenticated information.

PMPS Committee would like to extend warm greetings
to members and families on the following occasions:

29 Apr (Thu) - Muzul Al-Quran

1 May (Sat) - Labour Day

13-15 May (Thu - Sat) - Hari Raya Aidilfitri

26 May (Wed) - Wesak

1 Jun (Wed) - Agong's Birthday

20 Jul (Tue) - Hari Raya Haji