



# PMPS News

FOR MEMBERS ONLY

AUGUST 2025

ISSUE 40

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Service & Current Affairs)

Dr Manmeet Rai Singh (Community  
Service & Current Affairs)

Dr Wanitha N Gopalasamy (CPD)

## Editor's Request

Members who are interested to write articles for the Newsletter kindly email:

[pmps.secretariat@gmail.com](mailto:pmps.secretariat@gmail.com)

or post to:  
PMPS Secretariat,  
KPJ Ipoh Specialist Hospital,  
26 Jalan Raja DiHilir,  
30350 Ipoh.

Letters to the Editor / President / Committee may be published in the Newsletter in full or in abbreviated form at the Editor's discretion. If the writer does not wish her/his name to be published she/he must specifically state so. Articles / letters must be in MS Word format. Please limit word count to less than 1,000.

## From the President's Desk

**DR NANTHAKUMAR GUNARATNAM**

As many of you are aware, we have all been occupied with the wave of new regulations currently in force. First, we had the Price Display requirement under Act 723, which is not a medical-specific legislation. This was followed by the temporary postponement of the e-Invoice system for SMEs. Then came the rollout of E-SWiS by the Ministry of Environment, and shortly after, the Personal Data Protection Act (PDPA), which now requires the compulsory appointment of a Data Protection Officer (DPO) to oversee compliance.

Despite these developments, many issues remain unclear, and we still lack adequate information and guidance on implementation.

Adding to these challenges is the recent announcement of the 6% Sales and Services Tax (SST) on healthcare services for foreign workers. The Federation of Private Medical Practitioners' Associations, Malaysia (FPMAM), has strongly urged the government to grant a full exemption for primary care services provided to this group.

FPMAM President Dr Shanmuganathan Ganeson has suggested that, as an alternative, the government considers implementing a temporary moratorium on the tax. This would allow stakeholders the necessary time to explore a fair, inclusive, and sustainable healthcare financing model.

"We have formally submitted an appeal to the Ministry of Finance, urging for an urgent exemption from the upcoming 6% SST on primary healthcare services provided to foreign workers, scheduled to take effect on July 1," said Dr. Shanmuganathan in a statement.

Additionally, six major healthcare associations (representing doctors, community pharmacists, and physiotherapist) have echoed this concern, calling for an exemption from the expanded SST on private primary care.

Open since 2 April 2025

# SUNWAY MEDICAL CENTRE IPOH

A comprehensive multispecialty hospital with more than 200-bedded!

## GET TO KNOW OUR SPECIALTIES & SUBSPECIALTIES

- Anaesthesiology & Critical Care
- Cardiology
- Cardiology & Electrophysiology
- Clinical Haematology
- Clinical Oncology
- Clinical Radiology
- Dermatology
- Emergency Medicine
- Gastroenterology & Hepatology
- General & Colorectal Surgery
- General, Oesophago-Gastric & Bariatric Surgery
- General Paediatrics
- Geriatric Medicine
- Infectious Diseases
- Intensive Care (Anaesthesiology)
- Interventional Neuroradiology
- Neonatology & General Paediatrics
- Nephrology
- Neurology
- Neurosurgery
- Nuclear Medicine
- Obstetrics & Gynaecology
- Obstetrics & Gynaecology, Gynae-Oncology
- Ophthalmology, Cataract & Refractive Surgery Specialist
- Orthopaedic, Foot & Ankle Surgery
- Orthopaedic, Hand & Microsurgery
- Orthopaedic & Sports Surgery
- Otorhinolaryngology
- Paediatric Orthopaedic Surgery
- Respiratory Medicine
- Rheumatology
- Urology
- Uro-Gynaecology

## OUR STATE-OF-THE-ART TECHNOLOGIES

- PET-CT
- LINAC TrueBeam 3.0
- Bi-Plane Angiography
- Dual Source CT Scanner
- 3T MRI





These groups expressed alarm over the combined impact of:

- 8% SST on commercial rental,
- 6% SST on private healthcare services for foreign patients, and
- Imminent electricity tariff hikes, all taking effect on July 1.

“The combination of SST on rental and increased utility charges threatens the sustainability of many private healthcare practices,” said the Malaysian Medical Association (MMA), Pertubuhan Doktor-Doktor Islam Malaysia (Perdim), Medical Practitioners Coalition Association of Malaysia (MPCAM), Malaysian Association for Advancement of Functional & Interdisciplinary Medicine (MAAFIM), Malaysian Community Pharmacy Guild (MCPG), and the Private Physiotherapy Clinics Owners Association of Malaysia (PPCOA) in a joint statement.

General practitioners (GPs) remain a vital component of the National Healthcare Financing

Scheme. It is imperative that the Ministry of Health (MOH) re-evaluates some of its internal procedures and delegates relevant responsibilities to local authorities, where appropriate.

We urge decision-makers to adopt a broader perspective and avoid approaches driven by institutional self-interest. The roles of the Clinical Governance and Accreditation Panel (CKAP) should be repurposed to reflect the current demands of the healthcare industry.

Rather than introducing additional bureaucratic burdens, regulatory bodies should aim to support and empower healthcare providers. Policy decisions must be rooted in care and community needs, not commercial interests.

Ultimately, MOH must formulate practical and inclusive solutions for GPs that ensure a level playing field with paramedical service providers. Regulations should not unfairly benefit select players in the healthcare sector at the expense of others.

## Editor's Note

### DR YAP FOO NGAN

PMPS has engaged a flurry of activities over the past few months. They cover CPDs, tour, visits, sports and the private clinic medicine price display protest, as described in this issue of PMPS News. This is in accordance with the objectives of PMPS as stated in its constitution:

- (a) To encourage and foster friendship amongst its members.
- (b) To encourage the future development of medical science, whenever possible.
- (c) To protect and promote the professional interests of its members.
- (d) To promote and maintain professional ethics.
- (e) To enlighten the public on matters of health.
- (f) To carry out community services to the Malaysian Public.



The medicine price display dispute has highlighted an important issue about healthcare, as pointed out in the President's Message: **Healthcare is rooted in care and community needs, not commercial interests; hence government policy should aim to support and empower healthcare providers, not handicap them.** Noteworthy, the annual World Happiness Reports have consistently placed healthcare (in the form of healthy life expectancy) as an important contributor for citizens' wellbeing. We hope Malaysia does the rightful.

## GREETINGS

PMPS Committee would like to extend warm greetings to members and families on the following Public Holidays:

31/8 (Sun), Merdeka Day;  
5/9 (Fri), Prophet Muhammad's Birthday;  
15/9 (Mon), Additional;

16/9 (Tue) Malaysia Day;  
20/10 (Mon), Deepavali;  
7/11 (Fri), Sultan of Perak's Birthday

When a public holiday falls on a Sunday, it is replaced on the following Monday.

## PMPS EXECUTIVE COMMITTEE (2025-27) MEETING

The Committee has been working hard for PMPS, holding meetings on 23/3, 6/4, 15/6 and 3/8/25 (Sundays).



3/8 (Sun), full quorum Committee meeting



24/5 (Sat), PMPS at MMA Perak Annual Dinner

## 14TH ASEAN & 10TH PERAK HEALTH CONGRESS ON PRIMARY HEALTH CARE ORGANISING COMMITTEE

This is chaired by Dr Yee and has met twice so far to plan for its 2026 event. It is co-organised with Family Medicine Specialists' Association Perak and Perak Association of Public Health Physicians. Hence the co-chairs are Dr Subashini Ambigapathy (FMS) and Dr Husna Maizura bt Ahmad Mahir (Timbalan Pengarah Kesihatan Negeri Perak).

Date of Congress  
10 - 12/7/2026

Theme  
Health Sector Transformation:  
Challenges Moving Forward

### OTHER MEETINGS / EVENTS

DETAILS WILL BE INFORMED

1. PMPS Installation Dinner, 20/9 (Sat),  
Organiser - Dr Ding
2. Doctor's Day Celebration, 10/10 (Fri)
3. Community project -  
Talk on healthy diet  
by Prof Datin Dr Chia Yook Chin of Sunway University

## CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Date	CPD	Venue
11/5/25 (Sun)	Challenges and Opportunities for Your Practice Today	MU Hotel
22/6/25 (Sun)	Orthopaedic Symposium 2025	Kinta Riverfront Hotel
5 & 6/7/25 (Sat & Sun)	OBGYN Symposium	Ipoh Specialist Hospital
27/7/25 (Sun)	Mastering Thyroid Disorders	Travelodge Hotel Ipoh

# CONTINUING MEDICAL EDUCATION (CME) - 1

Dr S Sumithra, CPD Coordinator



On 11/5 (Sun), a weekend CME session was successfully organised by PMPS and Independent Practitioners Healthcare Services / Independent Practitioners' Pharmaceuticals.

The event was both engaging and informative, featuring expert talks covering a wide range of topics including health, wellness, dermatology, and an exclusive medico-legal session on managing diagnostic errors - how to prevent them, navigate challenges, and mitigate consequences.

The welcome address was delivered by Dr G Nanthakumar, who also served as the Chairperson of the CME. Several insightful presentations were delivered by doctors from the Federation of Private Medical Practitioners Association Malaysia (FPMPAM).

A highlight of the event was the presence of two distinguished speakers from the Medical Protection Society. The morning symposium focused on *Wellness, Skin Health & Beauty*, held in conjunction

with Mother's Day and supported by Chalmers Dale (Pte) Australia.

The first presentation, titled *Propolis in Health & Wellness*, was delivered by Dr Pearl Leong Yuet Mae. This was followed by a talk on *Dandruff & Seborrhoeic Dermatitis: Talking to Your Patients About Skin Health, Wellness, and Beauty* by Dr Steven Chow Kim Weng. The session concluded with a lively Q&A discussion and a delicious lunch.

The afternoon symposium, *The Law & You: Navigating Diagnostic Errors in the Current Medical Practice Landscape*, was delivered by Mr V Vijaya Segaran, Senior Partner at Messrs Gibb & Co. He provided valuable insights into the legal aspects of medical practice and how to avoid common pitfalls.

We extend our heartfelt thanks to FPMPAM for their gracious support, participation, and commitment in making this session a meaningful and successful one.

# CONTINUING MEDICAL EDUCATION (CME) - 2

Dr G Wanitha, CPD Coordinator

CME as we know, is a systematic maintenance, improvement and broadening of knowledge, understanding and skills, and the development of personal qualities necessary for execution of professional duties throughout the doctor's working life.

With rapid advancements in medicine, it is imperative that healthcare professionals continue to keep themselves abreast with new developments that would provide better care and treatment

outcomes for their patients in alignment with the policies and standards of the Ministry of Health.

PMPS and MMA Perak jointly organised a CME session in collaboration with Perak Community Specialist Hospital Ipoh (PCSH) on 22/6 (Sun) in Kinta Riverfront Hotel from 8:15 AM to 5:00 PM (8 CPD points).

The opening speech was given by the Guest of Honour YB Sivanesan Achalingam, Perak State Sungkai Assemblyman. Subsequently, the program





featured engaging and informative presentations delivered by doctors from PCSH.

This CME session was structured as an Orthopaedic Symposium, focusing on Latest Updates & Best Practices in Orthopaedics. It was highly knowledgeable, professionally participated, and well-organised. The symposium also featured numerous healthcare booths with comprehensive information and takeaway goodies by the sponsors. All participants were treated with delicious breakfast, lunch and high tea sponsored by PCSH.

We extend our heartfelt thanks to PCSH for their generous hospitality, knowledge sharing and their support in conducting this Symposium. Special

appreciation goes to the CEO of PCSH, Mr Nicholas Chan, and his fellow staffs for hosting this event successfully. We also thank all sponsors and participants for their invaluable contributions.

A special mention goes to our esteemed speakers:

- » Dr Brandon Lee Keong Joo (Orthopaedic Surgeon), PCSH
- » Dr Chua Wei Siong (Orthopaedic Surgeon), Hospital Raja Permaisuri Bainun
- » Dr Yeoh Kian Hua (Orthopaedic Surgeon), PCSH
- » Dr Paul Suman Jaya (Orthopaedic Surgeon), PCSH
- » Dr Ng Jin Tau (Orthopaedic Surgeon), PCSH

Their insightful talks and panel discussions added immense value to the event.



**Consultant Cardiothoracic Surgeon**  
**Associate Professor Dr. Ahmad Zuhdi Bin Mamat**  
Suite GO2, Ground Floor

**Consultant Emergency Physician**

**Dr. Daniel Chau Jun Wei**  
Accident & Emergency Department, Ground Floor



**Consultant Orthopaedic Surgeon (Foot & Ankle Surgery)**  
**Dr. Mohd Adham Shah Bin Ayeop**  
Suite G12, Ground Floor

**Consultant Obstetrician & Gynaecologist**

**Dr. Eswaran Sinusamy**  
Suite 3B02, Level 4



**Consultant Obstetrician & Gynaecologist**  
(Cosmetic Gynaecology Gynaelaparoscopic Surgeon)  
**Dr. Sofia Annaim Binti Abdussyukur**  
Suite 303, Level 3

## List of Facilities & Services

- \* 24-Hours Accident & Emergency Department
- \* Ambulance Services
- \* 640 Slice CT Scan
- \* Bone DEXA Scan
- \* Cardiac Catheterization Lab
- \* Endoscopy Room
- \* Fluoroscopy Room
- \* Digital Mammogram
- \* MRI
- \* MRI Cardiac
- \* Ultrasound
- \* Audiometry
- \* Dental Services
- \* Haemodialysis Centre
- \* Pain Management Services
- \* Medical Records
- \* Pantai Premier Pathology (Lab)
- \* Pharmacy
- \* Pantai Integrated Rehab Services
- \* Concierge & Valet Services
- \* Food & Beverage Services
- \* Retail Outlets
- \* Dietetics & Nutrition Counselling
- \* Health Screening
- \* Lithotripsy
- \* Onco Daycare Ward



## TOUR TO NORTHERN XINJIANG, 10-23/5/2025

Dr Loke Yee Heng, Tour Coordinator

A group of 19 members/family/friends set off from KLIA on a 4.5-hour flight to Chengdu where we spent a restful night in an airport hotel before continuing our journey to Urumqi to start our tour the next morning, flying another 3.5 hours. Yes, China is vast!

Urumqi in Mongolian language means beautiful pastureland. Urumqi reflects the city's historical connection with Dzungar Mongols who once ruled the region. Today Urumqi is the capital of Xinjiang Uygur Autonomous Region. Urumqi has four million population, majority Han Chinese. Xinjiang's population of 32 million comprises Uyghur (50%), Han (40%), Kazakhs (6%), and minorities like Hui, Mongols, Tajiks etc. We visited Urumqi Cultural Centre to understand the cultural, geopolitical history of the land.



Urumqi Cultural Centre

2,000 years ago, the Han dynasty initiated the Silk Road under Emperor Wu Di. It reached its peak during the Tang dynasty (7th to 10th century AD) and Yuan dynasty (13th century). Qin dynasty built civilisations along the Urumqi river. The region has rich resources like coal (estimated 500 billion tonnes in reserve), natural gas, oil and minerals including rare earth.

We visited the Urumqi Grand Bazaar which was designed with Islamic architectural styles, featuring domes, minarets and intricate patterns. It covers 40,000 square metres. There, one can buy local handicrafts, dried fruits and nuts, tea, traditional garments, white jade, leather craft, skewers of barbecue meat, noodles and naan bread.



Urumqi Grand Bazaar

Tianshan mountain range ("heavenly mountain") divides north and south Xinjiang. It is famous for Tianchi (heavenly lake), a scenic alpine lake, located just 95 km from Urumqi. This alpine lake is situated 1,900 metres above sea level, surrounded by snow-capped peaks and dense forests. It is part of UNESCO-listed Tianshan world heritage site.

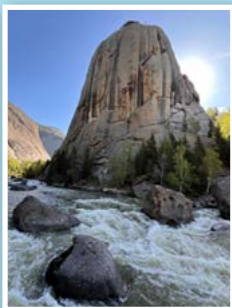


Tianchi (Heavenly Lake)

Altay Mountains is known for its forests, glaciers and mineral resources, and stretches across Russia, China, Mongolia and Kazakhstan. It is the key pastoral area for Kazakh and Mongolian herders. From Urumqi, we headed to Koktokay (known also as Keketuohai) 540 km away. This gem of a place is known for its beauty, rich mineral resources, and River Irtysh which flows into the Arctic Ocean. The fame of Keketuohai soared when the film "The Shepherd of Keketuohai" was screened, with its mesmerising melancholic song

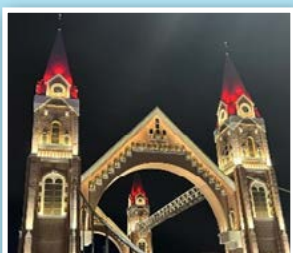


of Wang Qi. You can watch many versions of the song on YouTube!

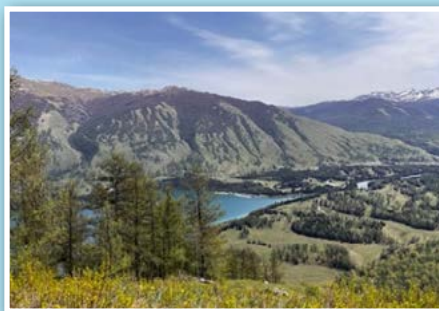
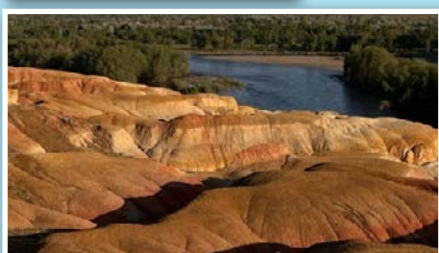


Keketuohai,  
UNESCO Global  
Geopark

We travelled to Burqin, notoriously known as the “Las Vegas” of the region. It is the gateway to the Kanas National Geopark. 20 km from Burqin, we visited the colourful Rainbow Beach. This “beach” is sedimentary rock layers of an ancient lake basin formed over millennia of water erosion and wind abrasion. The layers of colour of ochre, blue, pale yellow, blue, green and red, are mesmerising. The best time to view this is at sunset.



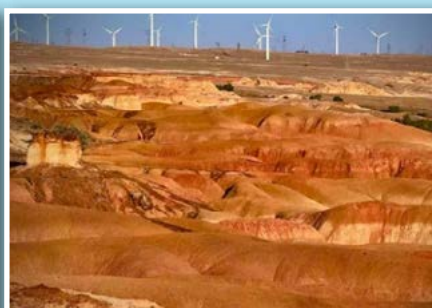
Burqin  
(left) and  
(below)  
Rainbow  
beach



Kanas  
Geopark,  
Kanas Lake,  
Moon Bay

The main lake in the Kanas Geopark (the “Switzerland” of China) is Kanas Lake. Kanas Lake is 180m deep, flanked by Moon Bay, Wolong Bay, and has some 700 different types of animals. There were abandoned kingdoms here before China took over 2,000 years ago.

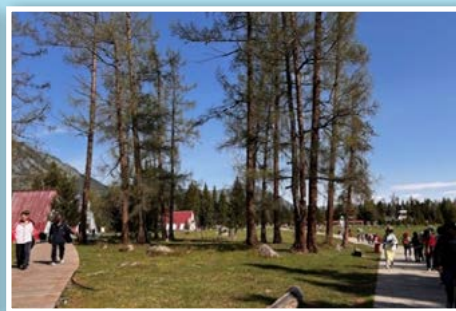
Hemu is home of ancient human skiing, using cow skin to cover a board and navigating with a long stick! We visited Hemu village, a place where the original Tuva people still live and where throngs of tourists come to see the majestic Hemu River,



Hemu village  
(left) and  
Karamay wind  
energy fields



Urho city,  
very hot  
desert



pastureland, wooden houses, small bridges, snow-capped mountains and green forests. The Tuva villagers are thought to be descendants of soldiers of Genghis Khan.

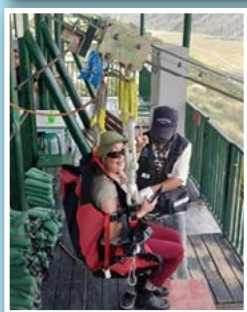
Karamay is a city known for its oil industry and unique desert landscapes. The predominant ethnic group here is Han Chinese. Karamay means “black oil” in Uyghur. China’s first major oil fields was discovered here in 1955 and is key to China’s energy security. In terms of national GDP, Karamay ranks the wealthiest city in China. We also saw large wind energy fields.

Devil City (Urho Windy City) is a striking wind-eroded rock formations desert (the Junggar desert) and was featured in the movie Crouching Tiger, Hidden



Dragon. It was unbearably hot, above 40°C and humid.

Dushanzi Grand Canyon is a place with dramatic cliffs. It stretches 20km from north to south. The valley walls are steep and rugged, having been carved by snow and rainwater over thousands of years. Some of us zip-lined down the canyon, while others rode the electric buggy.

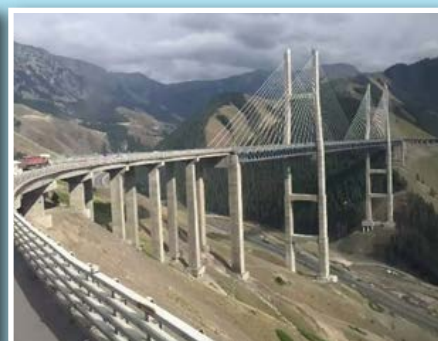


Dushanzi Grand Canyon, zip-line preparation

Sayram (it means “blessings”) Lake district is populated by Mongols and Kazakhs. It is Xinjiang’s largest alpine lake and largest lake above sea level located in the mountain basin of Tianshan. Known as the “Last Tear of the Atlantic” it dazzles like a sapphire in the sun.



Sayram Lake



Guozhigou Bridge

To get here, we travelled on the stunning cable-stayed bridge, the Guozhigou Bridge which spans the Guozhigou valley and is one of the highest bridges in China (200 m above the valley floor). It is an engineering marvel built in harsh mountainous region, to connect Yining to Urumqi, significantly reducing travel time through the mountainous terrain.

Yining is Xinjiang’s second largest city after Urumqi. Walking down the delightful Liuxing Street (6-star street), we saw Russian style cottages, colourful displays of merchandise and pretty girls with Caucasian looks. We had a whole roast lamb, ceremonially blessed by Dr George Chan.

Nalati Grasslands is a scenic area of lush pastureland and orchards, famous for its wild horses, apples and lavender. This is in the Ili Kazakh Autonomous Prefecture. The combination of blue skies, white clouds, snow-capped mountains, dark green fir forests and cyan-green grasslands makes a harmonious bright picture!

We had a sumptuous lunch here, Cantonese style Peking duck and other dishes, including fish without much bones! Xinjiang, being a land-locked province has mostly fresh-water fish from its numerous lakes.

Finally flying out from Yining we had time to take in some delights of Chengdu, where we spent a night in a downtown hotel before flying back to KL. We had the famous Szechuan hot pot dinner in a restaurant where we were entertained by the face-changing performance. Some of the more energetic ones also did some night shopping in Tai Khoo Li.

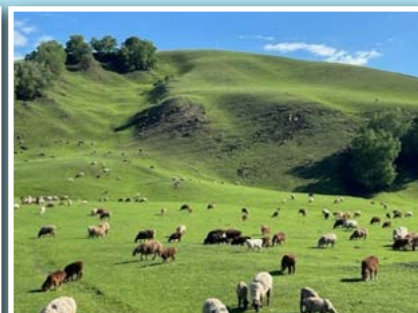
Thus, we ended our 14-day/13-night tour of northern Xinjiang.



Liuxing Street, Yining



Blessing the roast lamb



Nalati Grasslands



Szechuan hotpot

Here are some comments from our participants:

**Louisa:** So blessed to visit North Xinjiang, stunning landscape and scenery are so incredibly beautiful, spectacular and mesmerising. With good company, sumptuous meals, comfortable accommodation and perfect arrangements, we really had a fantastic vacation.

**Tham:** Tour guide was always patient, understanding, making us happy throughout the tour.

**Shirley:** It was such an enjoyable tour

**Juliana:** Special thanks to Keris travel and Madan (tour guide) and bus driver, memorable trip! The food was awesome, felt so pampered. More travels and adventures together!

**Fun  
Corner**



I could be a healthy person if you'd stop finding things wrong with me!

## MEMBERSHIP

**Open to medical practitioners and dental surgeons in Perak**

**Reminder** The usual reminder to support your society:

1. pay your subscriptions
2. check that your latest details are recorded.

### BANK DETAILS

Account name:

THE PERAK MEDICAL PRACTITIONERS' SOCIETY

Bank: Public Bank Berhad

Account number: 3072790829

### Send to:

The Perak Medical Practitioners' Society  
c/o KPJ Ipoh Specialist Hospital  
26 Jalan Raja Dihilir, 30350 Ipoh



### **Benefits To Be PMPS Members**

The membership of PMPS is open to registered medical practitioners and dental surgeons resident in Perak.

- a) **Continuous Professional Development (CPD)** – PMPS is a registered CPD provider. It regularly holds CPD sessions for its members.
- b) **PMPS News** – Each issue is emailed and WhatsApped to members. It keeps you informed of issues relevant to members. All issues are available at <http://www.pmps.org.my/>.

### **To Keep You Continuously Informed and Updated**

1. PMPS Broadcast – The Secretariat handled by Wendy uses this one-way avenue to inform members of relevant issues and sending soft copies of PMPS News when published.
2. PMPS Members WhatsApp Group – Members are urged to be prudent in using this chat group and avoid inadvertently sending unauthenticated information.
3. PMPS fixed line (05-2426549) has been terminated. The Secretariat can be contacted at KPJ ISH tel. no. 05-2408777 Ext 273



PMPS welcomes the following new ordinary members:

- Dr Thangamani A/P Kumarasamy, Apollo Medical Centre Sdn Bhd, Taiping
- Dr Sinthu Poongavanam, Dr SP Dental Clinic, Sungai Siput
- Dr Tan Poh Ghee, Poliklinik Tan & Wong SB, Ipoh
- Dr Sushinta Samudram, Paediatric Specialist Clinic, Pantai Hospital Ipoh



# MANDATORY DISPLAY OF MEDICATION PRICES IN PRIVATE HEALTHCARE FACILITIES

**Drs Karthik MK and Manmeet Rai Singh - Community Service & Current Affairs Coordinators**

In Nov 2024, Minister of Health announced the plan to mandate private healthcare facilities to display medication prices under the Price Control and Anti-Profiteering Act 2011 (Act 723). This plan was originally initiated to regulate medication charges in private hospitals in insurance claims. Ref: <https://www.nst.com.my/news/nation/2024/11/1133518/govt-mandate-display-medicine-prices-private-hospitals>

It is a misfortune that subsequent turn of events led to this measure being extended to cover private clinics. Preventing medical cost escalation has been touted as an important reason. However, medical inflation has been the result of secondary care costs, not primary care costs.

PMPS Exco, in association with Federation of Private Medical Practitioners' Associations, Malaysia (FPMPAM) and MMA, has been actively campaigning for the benefits of private clinics. Dr Nantha (PMPS President) has eloquently highlighted this in his Message.

The following illustrate what PMPS Exco has been doing in this respect.

**6/5 (Tue):** PMPS participated in the historic demonstration against the Domestic Trade and cost of Living Ministry's (KPDN) jurisdiction over medicine price display mandate and submission of memorandum to the Prime Minister (Revise GP Consultation Fees, Regulate TPAs, Foreign Equity Concerns).

**10/5 (Sat):** Dr Nantha and Dr Monesh (MMA Perak Vice Chairman, PMPS member) met YB Kula (Deputy Law Minister and Reforms) to highlight the current issues, including the fee schedule debate in parliament



6 May



**15/5 (Thu):** Dr Manmeet met YB Tan Kar Hing and his health advisor Dr Lee Boon Chye (Dep Minister of Health, 2018 - 2020, PMPS President 2003 - 2004) to discuss the pressing issues faced by GPs, handed over the memorandum sent to the Prime Minister and letters from PMPS Perak and MMA Perak. They strongly agreed that healthcare professionals should not be treated as tradesmen. Meanwhile Dr Lai Thian Seong also informed YBs Ngeh KH and Howard Lee on the same issues.

**6/7 (Sun):** Dr Yee (FPMPAM Hon Deputy Secretary) and Dr Manmeet representing Dr Nantha at FPMPAM Council Meeting in KL ascertaining participation in the judicial review against application of ACT 723 on private clinics.



(Deputy Minister in the Prime Minister's Department  
— Law and Institutional Reforms)

## VISIT TO SUNWAY MEDICAL CENTRE IPOH

**Dato Dr Sushil Kumar Ratti**

The PMPS Executive Committee led by the President Dr Nantha Kumar paid a visit to Sunway Medical Centre Ipoh (SMCI) on 13/6 (Fri). Other Exco members who attended were Dr Yee, Dato Ratti, Dr Yap, Dr Amarjit, Dr Yek and Dr Karthik.

On arrival we were met by Mr Karthikeyan, Business Development Executive, and Ms Rains Choong, Senior Manager in Business Development and Corporate Communications. We were then introduced to the Chief Executive Officer Mr Choy Wah Wei, and Medical Director cum Head of Accident & Emergency Dr Yong Chee Kheong.

After a short briefing on the history and facilities of SMCI, we were hosted to a sumptuous lunch prepared by their in-house chef.

The Exco was then taken on a tour of the hospital, and the highlight was the visit to their state-of-the-art Nuclear Medicine Department.

The Nuclear Medicine Department features specialised imaging systems like PET-CT for diagnosing various conditions including cancer, thyroid, and cardiac issues.

SMCI is the first private hospital in the region to feature a comprehensive cancer centre equipped with advanced technologies such as PET-CT, LINAC, MRI, and bi-plane angiography.

SMCI aims for patients to receive personalised treatment plans tailored to their unique needs, combining precision and compassionate care.

PMPS looks forward to working closely with the SMCI in conducting CME activities for its members.



## VISIT TO HOSPITAL UTAR, KAMPAR

**Dr Ting Cheh Sing**





PMPS Committee's Drs Loke Yee Heng (representing President Dr Nantha), Yee Meng Keong, Dato Sushil Kumar Ratti, Yap Foo Ngan and PMPS members Drs Ting Cheh Sing and Khoo Yee Leong (senior Kampar GP) paid a visit to Hospital UTAR (HUTAR) on 09/07/2025.

On hand to host us was HUTAR CEO Dato Dr Ding Lay Ming, the Person-In-Charge and her senior managers. Dato Dr Ding with her liaison officer, Mr Ooi and MAQ Manager Ms Suzana bt Sulaiman guided us through an eye opening inside out tour of the premiere HUTAR Complex. A few resident consultants joined us in the tour.

From the sixth floor Common Room window the Kampar Hills at the near distance was so lucid that we could see the trees in the woods, with an expanse of sprawling sparkling lakes intervening between HUTAR and the hills. "You can build hospitals, but you can't have these lakes, hills and serene nature..." said the CEO.

PMPS Committee gratefully thanked Dato Dr Ding for the comprehensive guided tour. The visit concluded with an exchange of gift packs (HUTAR to each visitor, and PMPS Committee to the CEO).

Key words in line with the mission to serve charitably are (a) affordable, (b) not for profit (donor subsidised) comprehensive medical services in T & CM and western medical specialties. Truly, premium quality healthcare services at very affordable costs are HUTAR's hallmark.

HUTAR is well equipped and roaring to serve the nation with affordable healthcare services. HUTAR beckons to serve the public with cordial smiles and quality care!

Cheers to HUTAR for your most commendable premium comprehensive health care services at affordable cost.

#### Uniqueness of Hospital UTAR revealed:

1. The thriving T & CM Wing, now the leading centre in Malaysia, staffed by highly qualified experts in Herbal Medicines, Traditional Malay Massages Post Partum, and Aryuverdic Medicine.
2. Growing specialty services in all major clinical specialties staffed by resident/sessional and visiting consultants.
3. The premiere setup with very generous clinics, wards, public spaces, car parks, gardens etc. and impeccable decor in both indoor and open-air greens.
4. The professional and courteous staff and heads of services were all out to courteously serve the patients and public.
5. A PET Scan donated by a benevolent donor is to be operational by 2026.
6. CT Scan and MRI are already operational. 3D mammography scanner offers bilateral screening at a mere RM90.
7. We encountered patients from Manjung queuing at T & CM counters

## ANNUAL PRACTISING CERTIFICATE (APC) RENEWAL

#### • SUBMIT APPLICATION BEFORE 01 DECEMBER EACH YEAR

#### • CPD Points

- Period to obtain CPD points for **APC 2027**: between 1/7/25 and 30/06/26.
- New MMC-CPD Grading System w.e.f. 1/7/2023 - <https://mma.org.my/web/wp-content/uploads/comparison-of-the-mmc-cpd-grading-system.pdf>

- Professional Indemnity Cover - compulsory from **APC 2021** onwards.

#### • Fee

- The APC application fee is RM100.
- Late application is subjected to an additional fee of RM100.

#### ENQUIRIES

- o MeRITS – <https://merits.mmc.gov.my/>
- o Unit Perakuan Amalan Tahunan (APC) Majlis Perubatan Malaysia
  - Email: [unitapc@mmc.gov.my](mailto:unitapc@mmc.gov.my)
  - WhatsApp Chat: 016-3261751
  - WhatsApp Call: 019-8022171 / 019-3832171
- o Working Hours
  - MONDAY-FRIDAY; 8:30 AM - 4:30 PM

Date	Game	Venue
22/6 (Sun)	Annual Golf Tournament	Royal Perak Golf Club
25/5 (Sun)	Pickleball	Pickleball Fun Club
15/6 (Sun)		
20/7 (Sun)		
5/8 (Tue)	Bowling Fiesta	Ipoh Bowl @ Kinta City
10/8 (Sun)	Annual Games: Details in PMPS News Dec issue	

## New Game in Town — Pickleball

by Dr Yee Meng Kheong, Pickleball Enthusiast

There is a new game in town, and it's call Pickleball. Started in 1965 by three dads, Joel Pritchard, Bill Bell and Barney McCallum, on Bainbridge Island, Washington USA. The game is now in played over 70 countries.

In Malaysia, it first started in 2019 in Miri, Sarawak and is now all over Malaysia. In Ipoh, it probably started about two years ago and now has taken the residents by storm!

I too found the game very entertaining and decided to encourage it among our members, spouses and their families. I suggested it to PMPS Committee and with the help of Dr Ding Soo King, our Hon Treasurer who is also a qualified pickleball coach and accomplished player, and Dr Karthik, our Sports Coordinator, we decided to have a pickleball carnival.

The first carnival was held on 25/5 (Sun) at Pickleball Fun Club (PFC), Jalan Wan Mohd Salleh, Ipoh from 5:00 pm till 8:00 pm. Despite the rain, we had a good turnout of 48 players. We had booked five courts originally, wanting to dedicate two courts for beginners and another three for casual play. But weather was such, we confined ourselves to the only two covered courts, using one for beginners and another for social play. We just had to restrict to play rally style, 11 points to finish. Those who did not get much to play, enjoyed the tea provided.





Because of the above rain-imposed restriction, we organised a second carnival on 15/6 (Sun) as the Management of PFC generously gave us three courts for three hours, 5:00 pm to 8:00 pm. Knowing our luck, it rained again, but this time they gave us the newly opened covered courts. Again, despite the rain, 30 players turned up.

News must have got out that doctors are having a good time playing pickleball, Lexus Ipoh decided to give us a pickleball event. They organised at the same venue on 20/7 (Sun) from 4:00 pm to 7:00 pm, six courts! We had a field day, a total of 44 players turned up for the event. Tea and dinner were thrown in, together with test driving of some of their Lexus models.

We hope to continue this initiative as I really feel it is a good game for competitive players yet still cater to those who just want to have fun.



## PMPS Bowling Fiesta (5/8, Tue)

by Karthik MK, Bowling Fiesta Convenor

PERAK MEDICAL PRACTITIONER SOCIETY BOWLING 2025 IPOH BOWL @ AEON KINTA CITY 5-Aug-25								
BIL	L/P	LANE	NAME	G1	G2	G3	TOTAL	POS
1	Men (L)	5	MANMEET RAI SINGH	167	152	149	468	1
2		3	KARTHIK M.	112	117	129	358	2
3		4	JEYARATNAM	105	128	119	352	3
4		3	GEORGE CHAN	123	121	105	349	4
5		2	DATO MOHAMAD A. KADIR	115	137	96	348	5
6		6	NANTHA KUMAR	90	89	145	324	6
7		6	T. KUMAR	65	64	121	250	7
8		1	CHANG KOK LIANG	75	79	69	223	8
9		1	DATO M. SUBRAMANIAM	49	25	27	101	9
BIL	L/P	LANE	NAME	G1	G2	G3	TOTAL	POS
1	Women (P)	9	DING SOO KING	83	97	119	299	1
2		10	WENDY WONG	93	95	96	284	2
3		7	ANJALAI	102	84	90	276	3
4		14	KYRONICA PETER	81	74	86	241	4
5		8	DATIN RAMANI	58	75	83	216	5
6		9	LOKE YEE HENG	47	61	105	213	6
7		7	AMARJEET KAUR	56	69	78	203	7
8		12	SINTHU POONGAVANAM	48	72	82	202	8
9		11	WANITHA GOPALASAMY	35	58	77	170	9
10		11	SUMITHRA S	65	45	38	148	10
11		13	JASPAL MALHI	38	52	55	145	11
12		14	PRITA NAIR	50	48	41	139	12







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