



PMPS News

FOR MEMBERS ONLY

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ISSUE 41

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Editor's Request

Members who are interested to write articles for the Newsletter kindly email:

pmps.secretariat@gmail.com

or post to:
PMPS Secretariat,
KPJ Ipoh Specialist Hospital,
26 Jalan Raja DiHilir,
30350 Ipoh.

Letters to the Editor / President / Committee may be published in the Newsletter in full or in abbreviated form at the Editor's discretion. If the writer does not wish her/his name to be published she/he must specifically state so. Articles / letters must be in MS Word format. Please limit word count to less than 1,000.

From the President's Desk

DR NANTHAKUMAR GUNARATNAM

Good day, everyone. I hope everyone would have a wonderful year, and as the year comes to an end, here is a small recap of events pertaining to private health care.

2025 is being referred to as the "Year of the Doctor", reflecting a move away from 2024's payer-focused, insurer-driven policies toward initiatives that support medical practitioners.

Three major policy moves stood out: a significant raise in on-call allowances, stronger support from the Ministry of Health Malaysia (MOH) against private insurance / Third-Party Administrator (TPA) interference, and the postponement of mandatory drug-price display enforcement.

The on-call allowance (ETAP) for public-service medical and dental officers was raised by 40%, the first increase since 2012.

The raise is a large jump from before.

While the raise is a step forward, it is noted that even with this boost, it may still not be enough to stop doctors from leaving for better opportunities.

As for the GP consultation fees, we have not objected to the increase from RM 10 to RM 80, but the GP community is asking for a minimal RM 50 from TPAs and extra charges for after-hours and public holiday services. These discussions are currently going on with the MOH.

The announcement is a policy decision. Now, that decision has to be translated into amendments to the regulations, then sent to the AGC, and finally back to YB Minister of Health for signing. After that, it will be gazetted and enforced.

Open since 2 April 2025

SUNWAY MEDICAL CENTRE IPOH

A comprehensive multispecialty hospital with more than 200-bedded!

GET TO KNOW OUR SPECIALTIES & SUBSPECIALTIES

- Anaesthesiology & Critical Care
- Cardiology
- Cardiology & Electrophysiology
- Clinical Haematology
- Clinical Oncology
- Clinical Radiology
- Dermatology
- Emergency Medicine
- Gastroenterology & Hepatology
- General & Colorectal Surgery
- General, Oesophago-Gastric & Bariatric Surgery
- General Paediatrics
- Geriatric Medicine
- Infectious Diseases
- Intensive Care (Anaesthesiology)
- Interventional Neuroradiology
- Neonatology & General Paediatrics
- Nephrology
- Neurology
- Neurosurgery
- Nuclear Medicine
- Obstetrics & Gynaecology
- Obstetrics & Gynaecology, Gynae-Oncology
- Ophthalmology, Cataract & Refractive Surgery Specialist
- Orthopaedic, Foot & Ankle Surgery
- Orthopaedic, Hand & Microsurgery
- Orthopaedic & Sports Surgery
- Otorhinolaryngology
- Paediatric Orthopaedic Surgery
- Respiratory Medicine
- Rheumatology
- Urology
- Uro-Gynaecology

OUR STATE-OF-THE-ART TECHNOLOGIES

- PET-CT
- LINAC TrueBeam 3.0
- Bi-Plane Angiography
- Dual Source CT Scanner
- 3T MRI



Historically, private health insurers and TPAs have affected doctors' clinical decisions in ways that frustrated the medical profession.

MOH, under its new director-general warned Insurers and Takaful Operators (ITOs) / TPAs against interfering with doctors' clinical decisions and ordered them to stop blanket claim denial practices using old MOH letters.

MOH also instructed TPAs / Managed Care Organisations (MCOs) to register at a new national registry by early 2026, a move aimed at better oversight.

This intervention is seen as restoring balance between doctors and payers / insurers, giving more power to medical professionals.

A rule requiring private GP clinics to display medicine prices was due for enforcement after being gazetted under the relevant law has been delayed at the moment

Over 700 doctors rallied in protest against the rule. In October, a High Court granted them leave for judicial review and MOH deferred enforcement to January 1, 2026.

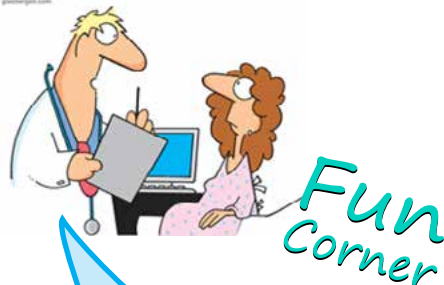
It remains uncertain whether enforcement will resume after that date, depending on the lawsuit outcome.

The changes show a real shift in favour of doctors' better remuneration and some protection from insurance-driven interference.

But these wins may not be enough. Even with the raise in on-call allowance for government doctors, many argue that the salary does not match workload or the risk of brain drain abroad. As we know, structural issues like understaffing, uneven distribution of doctors, and systemic pressures on public health remain obstacles that such a raise alone cannot fix.

Finally, let us all stay strong and be positive and vigilant on changes in laws and regulations that we are to follow. I wish everyone Merry Christmas and Happy New Year 2026.

GASBERGHA
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You have a rare condition called 'good health'. Frankly, I'm not sure how to treat it.

CONGRATULATIONS

We heartily congratulate YBhg Dato' Dr Feisul Idzwan bin Dato' Mustapha, Pengarah Kesihatan Negeri Perak, on being conferred the Darjah Dato' Paduka Mahkota Perak (D.P.M.P.) in conjunction with the Sambutan Ulang Tahun Keputeraan Sultan Perak Darul Ridzuan on 07/11/2025.



GREETINGS

PMPS Committee would like to extend warm greetings to members and families on the following Public Holidays:

25/12 (Thu), Christmas;

1/1/26 (Thu), New Year Day;

7/3 (Sat), Nurul Al-Quran;

17-18/2 (Tue-Wed), Chinese New Year;

21-23/3 (Sat-Mon), Hari Raya Aidilfitri

When a public holiday falls on a Sunday, it is replaced on the following Monday.

PMPS EXECUTIVE COMMITTEE (2025-27) MEETING

The Committee has been working hard for PMPS, holding meetings on 23/3, 6/4, 15/6 and 3/8/25 (Sundays).

14TH ASEAN & 11TH PERAK HEALTH CONGRESS ON PRIMARY HEALTH CARE

The Organising Committee is co-chaired by Dr Yee and Dato' Dr Feizul. It has been meeting regularly to plan for the Congress (10-12/7/2026).

CONTINUING PROFESSIONAL DEVELOPMENT (CPD)

Date	CPD	Venue
23/11/25	PMPS Hi-Tea Lectures — Prof Dr Chia Yook Chin & Dr Chan Chong Guan	Travelodge Ipoh
07/12/25	CME with Sunway Medical Centre Ipoh	Tandoor Grill Ipoh



14th ASEAN & 11th Perak Health Congress on Primary Health Care

Joint organisers



Perak Association of Public Health Physicians



Perak Medical Practitioners' Society



Family Medicine Specialists' Association Perak

10 -12 July 2026
Kinta Riverfront Hotel & Suites
Ipoh, Perak, MALAYSIA

Pre-Congress 09 July 2026

Health Sector Transformation:
Challenges Moving Forward



1st Announcement



Scan QR Code
or Click Here
to Register

Congress Highlights

Plenary

- Enhancing Digital Transformation In Primary Care
- Advancing Health Promotion and Preventing Diseases in Primary Care
- Restoring the Wellbeing of Health Care Providers
- Healthy Ageing in a Rapidly Changing Society: Are We Ready?

Symposium Highlights

- Office Orthopaedics: Move Better, Hurt Less
- Simplifying Skin For The Busy Clinician
- New Frontiers in HIV Care
- Digital Detox: Managing Smartphone Addiction
- Pulse of Survival: Handling Arrhythmias
- Workshop: Point Of Care Ultrasound (POCUS) In Primary Care

Enquiries:

Congress Secretariat:
No.37 Jalan Haji Wahab, Taman Canning, 31400 Ipoh, Perak
Email: congress@pmmps.org.my
Website: www.pmmps.org.my



016-3063557

Conference Fees	Before 8 th July 2026	After 8 th July 2026
Doctors	RM450.00	RM600.00
Paramedic/ Medical Student	RM300.00	RM400.00
Pre-Congress	RM150.00	RM150.00
Foreign Delegate	USD200.00	USD200.00
Foreign Allied Healthcare Pro	USD100.00	USD100.00

PMPS INSTALLATION DINNER 2025

Dr Ding Soo King, Organising Chair

PMPS installation Dinner was held on 20th (Sat) in Travelodge Hotel with a muhibbah twist and a down memory lane nostalgia.

PMPS had its inception in 1937. We have had 88 years of proud heritage and a most notable Dr Wu Lien Teh as President in 1939-41.

Dr Nantha Kumar, President 2025/2027, was installed by immediate past president Dr Loke Yee Heng. Members of the New Committee were introduced to the audience.



We had our FPMPAM, PMPASKL, MMA colleagues, CEOs' representatives from Pantai Hospital, Perak Community Specialist Hospital and Sunway Medical Centre Ipoh, BMW Team Plus (Tian Siang Premium Auto), family members and friends to make the event livelier.

A sumptuous 8-course Chinese dinner was served while KPJ Live band entertained with oldies.

Memorable highlights were dance presentations by PMPS Committee and members to the tunes of Oh Carol, Rose-Rose, Racun and Madu,

Chumchum and PMPS parody of "Y.M.C.A".

A down memory lane video show about PMPS presented by Dr Manmeet and Dr Yap gave us an insight into PMPS's historical events since 1933.

Gift vouchers and medals were given to participants who won in PMPS Bowling, Pickleball, Badminton, Table Tennis and Golf. Many members had numerous medals and were delighted with PMPS Games 2025 organisation.

Tian Siang Premium Auto contributed to lucky draws. PMPS gave table draws to every guest.

The evening ended with open floor dancing and socialising amongst guests.

The event was smooth and enjoyable with everyone playing their roles so well and harmoniously like in an orchestra symphony.

Note: Dr Ting Sea Leong, President 2011-13 donated RM1,000 for the Dinner.

DOCTOR'S DAY 2025 CELEBRATION

Organiser: Dr Amarjeet

10/10 (Fri, 3:00 - 6:00 pm),
Tinitin Town Evening with
children from three orphanages



With the orphanage leaders



Talk by D Lai and presentation of gifts to the children



pantai.com.my/ipoh



Consultant Cardiothoracic Surgeon
Associate Professor Dr. Ahmad Zuhdi Bin Mamat
Suite G02, Ground Floor

Consultant Emergency Physician
Dr. Daniel Chau Jun Wei
Accident & Emergency Department, Ground Floor



Consultant Orthopaedic Surgeon (Foot & Ankle Surgery)
Dr. Mohd Adham Shah Bin Ayeop
Suite G12, Ground Floor

Consultant Obstetrician & Gynaecologist
Dr. Eswaran Sinusamy
Suite 3B02, Level 4



Consultant Obstetrician & Gynaecologist
(Cosmetic Gynaecology Gynaelaparoscopic Surgeon)
Dr. Sofia Annaim Binti Abdussyukur
Suite 303, Level 3

List of Facilities & Services

- * 24-Hours Accident & Emergency Department
- * Ambulance Services
- * 640 Slice CT Scan
- * Bone DEXA Scan
- * Cardiac Catheterization Lab
- * Endoscopy Room
- * Fluoroscopy Room
- * Digital Mammogram
- * MRI
- * MRI Cardiac
- * Ultrasound
- * Audiometry
- * Dental Services
- * Haemodialysis Centre
- * Pain Management Services
- * Medical Records
- * Pantai Premier Pathology (Lab)
- * Pharmacy
- * Pantai Integrated Rehab Services
- * Concierge & Valet Services
- * Food & Beverage Services
- * Retail Outlets
- * Dietetics & Nutrition Counselling
- * Health Screening
- * Lithotripsy
- * Onco Daycare Ward



For Accident & Emergency, please call **05- 54 999 11**

11/10 (SAT)

PMPS/MMA Doctors' Day Pickleball
(See report by Dr Yee, page 10)

12/10, SUNDAY EVENTS

Joint PMPS FPMPAM Visit to Arlene House Museum, 12:30 pm

Fun at Arlene House Museum, Dr Pearl Leong (FPMPAM Hon Sec) presentation a personal donation to Perak Palliative Care Society represented by its chairman Dato' Dr Ziaudin.



PiCASO High Tea & CME, Weil Hotel, 3:30 pm



PMPS & MMA Joint Doctors Day Dinner, Mercedes-Benz Showroom, Jalan Kuala Kangsar, 7:00 pm



Condolences

PMPS Committee expresses sincere condolences to the families of the following members:



Dato' Dr Choong Kam Fook (1935-2025), departed on 04/9/25.

Dr Leong Siew Mun, departed on 20/10/25.



MEMBERSHIP

Reminder

The usual reminder to support your society:

1. pay your subscriptions
2. check that your latest details are recorded.

BANK DETAILS

Account name:

THE PERAK MEDICAL PRACTITIONERS' SOCIETY

Bank: Public Bank Berhad

Account number: 3072790829

Send to:

The Perak Medical Practitioners' Society
c/o KPJ Ipoh Specialist Hospital
26 Jalan Raja Dihilir, 30350 Ipoh

Benefits To Be PMPS Members

The membership of PMPS is open to registered medical practitioners and dental surgeons resident in Perak.

- a) **Continuous Professional Development (CPD)** – PMPS is a registered CPD provider. It regularly holds CPD sessions for its members.
- b) **PMPS News** – Each issue is emailed and WhatsApped to members. It keeps you informed of issues relevant to members. All issues are available at <http://www.pmps.org.my/>.

To Keep You Continuously Informed and Updated

1. **PMPS Broadcast** – The Secretariat handled by Wendy uses this one-way avenue to inform members of relevant issues and sending soft copies of PMPS News when published.
2. **PMPS Members WhatsApp Group** – Members are urged to be prudent in using this chat group and avoid inadvertently sending unauthenticated information.

ANNUAL PRACTISING CERTIFICATE (APC) RENEWAL

- **SUBMIT APPLICATION BEFORE 01 DECEMBER EACH YEAR**
- **CPD Points**
 - Period to obtain CPD points for **APC 2027**: between 1/7/25 and 30/06/26.
 - New MMC-CPD Grading System w.e.f. 1/7/2023 - <https://mma.org.my/web/wp-content/uploads/comparison-of-the-mmc-cpd-grading-system.pdf>
- **Professional Indemnity Cover** - compulsory from **APC 2021** onwards.
- **Fee**
 - The APC application fee is RM100.
 - Late application is subjected to an additional fee of RM100.

ENQUIRIES

- o **MeRITS** – <https://merits.mmc.gov.my/>
- o **Unit Perakuan Amalan Tahunan (APC) Majlis Perubatan Malaysia**
 - Email: unitapc@mmc.gov.my
 - WhatsApp Chat: 016-3261751
 - WhatsApp Call: 019-8022171 / 019-3832171
- o **Working Hours** – MONDAY-FRIDAY; 8:30 AM - 4:30 PM

- **NEW MMC-CPD GRADING SYSTEM**
 - o Effective from 01/11/2025
 - o Ref: <https://mmc.gov.my/wp-content/uploads/2025/10/MMC-CPD-Grading-system.pdf>
- **APC 2026**
 - o MMC has announced that due to the high number of applications, the APC approvals will be delayed. Doctors who have successfully submitted application fee will not be penalised.



Pickleball Update

by Dr Yee Meng Kheong, Pickleball Enthusiast

Since the first three sessions on 25/5, 15/6 and 20/7 (all at Pickleball Fun Club), we had another two sessions the past four months.

As I am penning this article, we are about to have another session on 6th December at the newly opened Hari Hari Pickleball Tasek courts at Tasek Mutiara Ipoh. I will report on this event in the next bulletin.

10/8 (Sun) – PMPS Annual Games

This session was held at YMCA Ipoh together with our other games of badminton, table-tennis and tennis. The pickleball ball event garnered the biggest participation of 22 players. We were lucky that the rain came early that Sunday and stopped at 5:00 pm, just in time for us to play our games. Both winners and losers received ‘ang pows’, given out at our Installation Dinner.

11/10 (Sat) – PMPS/MMA Doctors’ Day Pickleball

This event was to celebrate Doctors’ Day in Perak, together with several other activities held over three days in Ipoh. Held at Master Dink, Jln Raja Dihilir from 6:00 to 8:00 pm, we had nearly 30 players participating. The event was graced by our FPMPAM President Dr G Shanmuganathan who came from KL to join us for the Doctors’ Day celebrations.



PMPS/MMA Doctors’ Day Pickleball

PMPS Annual Golf Tournament 2025

by Dr Lai Thian Seong, Golf Tournament Convenor

The Golf Tournament was held on 22/6 (Sun) at the Royal Perak Golf Club. Thirty-two golfers comprising PMPS doctors and four guests took on the challenging and pristine 18 holes golf course in good weather. The good enjoyable games were more important than the scores.



The post-tournament dinner and lecture by Dr Yeoh Kian Hua, consultant orthopaedic surgeon of PCSH was held at the Palm Tree Atrium Villa. A significant number of our PMPS Committee members joined our golfers at this event. The evening started with a video on CVS KL by Ms Chew. Dr Yeoh's interesting talk on osteoporosis and recent advances on arthroplasty was well received with a good Q&A session. A good buffet was enjoyed by all present, serenaded by our popular singer/DJ Mr Andrew Ong.

Every participant of our Golf Tournament was a winner with a goody bag of golf shirt and a pack of golf balls. Seniors above 80 were acknowledged and rewarded with an extra pack of golf balls at the dinner.

The winners of our PMPS Annual Golf Tournament 2025 are:

Gross: 1st, Dr Ramesh;
2nd, Dato Dr A Chandran;
3rd Dr Suppayah
Nett: 1st, Dr Ding SK;
2nd, Dr Mehinder;
3rd, Dato Dr Mukudan

The organising committee wishes to thank our PMPS Committee, Snow Marketing, CVS KL, Gnosis Labs and all our golfers for their support. This will ensure that the PMPS Annual Golf Tournament continue to be an important fixture in our PMPS calendar.

ANNOUNCEMENTS

Director General Ministry of Health, 14/11

Dr Shanmuganathan Ganeson (President, FPMPAM) was appointed as Standing Member of the Drafting Committee for Amendments to the Seventh Schedule of the Private Healthcare Facilities and Services Act 1998 (Act 586) for the period 25/11/25 to 24/11/26.

Malaysian Medical Council, 14/11

The MMC has decided that the issuance of the Medical Sick Certificate solely following a virtual consultation (teleconsultation) is NOT ALLOWED.

Failure to comply with this directive may result in the Registered Medical Practitioner being subjected to disciplinary procedures by the MMC.



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